• The truth :

The Lord is merciful and gracious, slow to anger and abounding in steadfast love.

• The truth :

The Lord is merciful and gracious, slow to anger and abounding in steadfast love.

Picture #1:

Picture #2:

Picture #3:

Picture #4:

should praise God?



Even in the midst of uncertain and frustrating days filled with so many unknowns, we still have much for which to praise God. Psalm 103 is a passionate invitation and call to praise . . .

should we praise God?

Bless the Lord, O my soul, and _____ that is within in me!

_ should we praise God?

- He all your
- He all your
- He _____ your _____ from the _____
- He _____ you with _____ and _____.
- He _____ you with _____



Bless the Lord, O My Soul Psalm 103 Sunday, May 10, 2020

Growth Groups are the glue which holds our church together, the way we find and follow Jesus together. If you are not involved in a Growth Group, now is the time to jump in at gracecentralcoast.org.

This year, our aim is to see our Growth Groups embody our 3-fold identity as followers of Jesus: Family, Servant, and Missionary. To that end, we're framing our Growth Group Interaction Guide to help groups move in that direction.

During the COVID-19 crisis our groups are meeting virtually using Zoom and other online platforms.

Connecting Together

Share one word to describe how you're feeling these days.

Digging into God's Word & the Message Together

- 1. Read Psalm 103 together. How did you come under God's Word in the text and message this week? How did God speak to you? What did you learn or what were you reminded of in this study?
- 2. David, in verse 1, speaks of praising God with all that is within us. Is there a time you can remember doing that? What led to that for you? What did that look like for you?
- 3. What keeps you from regularly and more often praising God with all that is within you? What are your personal inhibitors to praise?

4. "The Lord is merciful and gracious, slow to anger and abounding in steadfast love." What does that statement mean and how is it explained and pictured in Psalm 103?

- 5. Which of the 4 pictures in 103:11-18 is most meaningful for you right now?
- 6. Your Growth Group as a Family: How can your Growth Group integrate the practice of praise a bit more in your shared times together?

7. Your Growth Group as a Servant/Missionary: Ultimately, all His works in all places of His dominion are called to bless the Lord. What are creative ways we can model praise to a watching world?

Praying Together

• While there are surely needs to be prayed for, strive to spend the bulk of your prayer time together in praise this week.