



CRAZY SUMMER

Sunday, June 26, 2016

3. We need to **KNOW** the reason we can rest is the **GOD** of rest. (Matthew 11:25-30)

- God is **SOVEREIGN** over all things.

- Jesus is our **ETERNAL REST**.

4. We need to **FIGHT** for a rhythm of **WORK & REST**.



Summer is supposed to be a time for rest, rejuvenation and recalibration. So why does it sometimes feel like the most exhausting time of the year? Why does it feel like something is missing and I have more needs? This Sunday we talk about four needs we have that will restore to us the rest we so desperately seek.

1. We need to **REMEMBER** we are **CREATURES**.
(Psalm 127:1,2)

2. We need to **RECAPTURE** the vision of **SABBATH** as a gift.
(Mark 2:23-28)