- III. Sadness is an essential emotion we KEEP FEELING as we trust and follow Jesus in this BROKEN WORLD.
  - Sadness is often the APPROPRIATE RESPONSE to the brokenness of this world.
  - Sorrow and joy MINGLE TOGETHER in the life of Christ's followers.
    (2 Cor. 6:10)
  - We GRIEVE, but not not like those who have no HOPE.
    (1 Thes. 4:13)
  - We're comforted by GOD in the GOSPEL so that we can share that comfort with OTHERS. (Mt. 5:4, 2 Cor. 1:3-4)



## Gospel Shadows in "Inside Out"

Sunday, July 17

The creation - fall - redemption - re-creation story arc of Riley in Pixar's "Inside Out" highlights the value of sadness in our lives . . . and this is surprisingly in line with Gospel truth. Sadness, as we'll see today, is essential to our understanding, trusting and living the Gospel . . .

## I. Sadness is an essential emotion felt by JESUS, our SAVIOR.

- Jesus entered and experienced the sadness of this BROKEN WORLD. (Jn. 11:35)
- Jesus is DESCRIBED as sad. (Is. 53:3)
- Jesus bore the sadness of our sin on the CROSS. (Is. 53:4, Mt.26:37)
- II. Sadness is an essential emotion of REPENTANCE and COMING to faith in Jesus.
  - Repentance is turning away from our SINS and SELF-RELIANCE to TRUST and FOLLOW Jesus as Savior.
  - Embracing the good news of Jesus involves ACKNOWLEDGING and EXPERIENCING the sadness of the reality of our sin. (Ps. 38, 51, Lk. 18:13-14, Ja. 4:9-10)

